THE BREATHING SPACE

The BASE - A Centre for Yoga Arts and Nature
In the Palani Hills, 1400 metres high, splendid weather



Yoga Course with R. Sriram in India in February/March 2027

At his beautiful centre. **BASE**, out in the hills of Tamil Nadu near Kodaikanal and close to nature. See website www.basekodai.org

Study, practice and immersion in a small group (last year there were 9 of us). Our 5th year now.
It is always a real privilege to work with such a great teacher in such a unique setting.
Sriram has been described as one of the closest students of TKV Desikachar currently teaching.

DATES: Thursday 25 February until Monday 8 March 2027. Full stay here: 12 days. The course will be 10 days with travel days each side.

COST: £1100.00 for a very large single room/£950.00 for sharing a room with one other.

For more information or to book a place, contact Janet Evans at jevans238@hotmail.co.uk